

LYDIA SARPONMAA ASANTE, PhD, MPH

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CAREER OBJECTIVE

A committed public health professional with experience spanning health bio convergence research, academia and community education. My transdisciplinary approach to public health theory and practice is coupled with exceptional communication skills, motivating spirit and an engaging public speaking ability. Enthusiastic about community change through academic research, Health Education and Promotion, capacity building and collective empowerment and mentorship to alleviate societal problems.

SUMMARY

- Highly experienced in research and mentoring
- Clear understanding of the principles of Health Promotion and its application
- Profound knowledge of health and bioscience research, health education
- Statistics and research analysis
- Mastery in English Communication and comprehension.
- Report writing and presentation skills
- PC proficient in Office Suite and Data management
- Excellent proficiency at computer aided teaching, research tools and web search engines.

EDUCATION

2013 - 2017 **PhD, Sahmyook University, Seoul**
PhD in Public Health

2011 - 2013 **Masters, Sahmyook University, Seoul**
Master of Public Health (MPH)

PROFESSIONAL EXPERIENCE

November 2021- Present **Academic Coordinator, Faculty of Health and Allied Sciences, Catholic**
University College, Ghana

- Responsible for the planning, development, and execution of academic programmes in the Faculty.

- Provide educational advice to students
- Support health research programmes

September 2020-Present **Lecturer, Catholic University College**
(Department of Public Health)

- Deliver lectures on public health courses including health promotion, regenerative and lifestyle diseases.
- Conduct online courses and support satellite education.

SKILLS

Higher Education	Mentoring	Academic Advising
Excellent communication skills	Excellent team building	Public Speaking
Curriculum Development	Resourcefulness	Teaching
Research and Data Collection	Self-motivation	Student Development
Attention to detail	Statistical Analysis of Data	

PUBLICATIONS

Asante, L. S., Newell, M., Yun, M., Yun-Welch, S., & Chun, S. (2015). Comparative study of the impact of intoxication on injuries in China and Korea. *Osong public health and research perspectives*, 6(1), 27-33.

Lee, K. S., Asante, L. S., Chun, S. S., & Yun, M. E. (2015). Effects of a Low-Calorie Raw Juice Diet on the Level of Serum Ferritin in Korean Adults. *The Korean Journal of Community Living Science*, 26(4), 661-673.

Asante, L. S., Chun, S., Yun, M., & Newell, M. (2014). Social supply of alcohol to Korean high school students: a cross-sectional International Alcohol Control Study. *BMJ open*, 4(1).

Hong, Y., Chun, S., Yun, M., Asante, L. S., & Chu, C. (2014). A study of high-risk drinking patterns among generations based on the 2009 Korea national health and nutrition examination survey. *Osong Public Health and Research Perspectives*, 5(1), 46-53.

REFERENCES

Submitted on request